

CERTIFICATE OF PARTICIPATION

This is to certify that

Elrette Lishman

Has successfully participated & completed the
**40km Medium Race Cowhouse Winter MTB Race Sponsored by
Bruce Reyneke Cycles**
held at Cowhouse Market.

TIME 02:00:29

PACE 19.92km/h **GENDER 26 of 65**
OVERALL 155 of 252 **SUB VETERAN 3 of 15**

13 July 2019, Sat

Date



BoutTime

Signature

